LIFEWORKS

CATERING MENU



MONROE LOUISIANA & Springfield Missouri

MONROE FOOD SERVICE DIRECTOR | KENYATTA CROCKETT crockett-kenyatta@aramark.com

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JPMorganChase

OUR COMMITMENT

Menus with a Purpose

GO LOCAL

CHASE

SMALL BUSINESS

PARTNERSHIPS

We support local, minority-owned, and Chase Small Businesses every day, whenever possible.

Look out for these icons throughout your event:

 NESS
 PROUDLY SUPPORTING BLACK-OWNED BUSINESSES

 PROUDLY SUPPORTING ASIAN-OWNED BUSINESSES
 PROUDLY SUPPORTING HISPANIC-OWNED BUSINESSES

 PROUDLY SUPPORTING LGBTQ+-OWNED BUSINESSES
 PROUDLY SUPPORTING LGBTQ+-OWNED BUSINESSES

 INITITIES
 PROUDLY SUPPORTING WOMEN-OWNED BUSINESSES



Allergens

- We are not an "allergen free" facility. Please be advised that products prepared in our kitchen may have come into contact with common food allergens.
- When ordering, please inform your local catering manager of any food allergies or dietary restrictions within your group, including Kosher & Halal.
- Any menu item prepared without a common allergen, will be noted in the event signage. (Ex. Made without Gluten, Vegetarian, Vegan)

Vegan & Vegetarian-Friendly Options Icon Key: Vegan Vegetarian
Vegetarian



BREAKFAST

BREAKFAST PACKAGES

(All Hot Buffets Require a Dedicated Attendant at an Additional Fee and Fire Guard)

LIGHT BREAKFAST 🥝

(Minimum 6 Guests) Assorted Seasonal Whole Fruit and Individual Light Yogurts \$5.75pp

CONTINENTAL BREAKFAST 📀

(Minimum 6 Guests) Assortment of Fresh Baked Breakfast Goods and Seasonal Spreads. Includes House Brewed Coffee, Assorted Teas, Infused Water, and Seasonal Fresh Fruit Platter \$10.25pp

BREAKFAST SANDWICH TRIO

(Minimum 12 Guests, Served Hot or Ambient) Assortment of Classic and Vegetarian Breakfast Sandwiches. Includes House Brewed Coffee and Assorted Teas, Infused Water, and Seasonal Fresh Fruit Platter \$14.25pp

HOT BREAKFAST BUFFET

(Minimum 12 Guests, Served Hot) Chefs Preparation of Farm Fresh Eggs, Crisp Bacon, Breakfast Sausage, Seasoned Potatoes, and Grilled Artisanal Toast. Includes House Brewed Coffee and Assorted Teas, Infused Water, and Seasonal Fresh Fruit Platter \$17.25pp

ENHANCEMENTS

CREATE YOUR OWN YOGURT PARFAIT

(Minimum 6 Guests) Greek, Low-fat, Granola, Berries, Local Honey \$6.25pp

INDIVIDUAL LIGHT YOGURT

(Minimum 6 Guests) \$2.75

INDIVIDUAL YOGURT PARFAIT

(Minimum 6 Guests) \$3.75pp

PITCHER OF ORANGE JUICE (Serves 6 Guests)

\$8.00

SLICED FRUIT PLATTER 🔮

(Minimum 6 Guests) Seasonal Sliced Fruits and Berries \$6.00pp

INDIVIDUAL GREEK YOGURT (Minimum 6 guests)

\$2.75

HOUSE BREWED COFFEE & ASSORTED TEAS (Minimum 6 Guests)

\$2.00pp



LUNCH

FROM THE DELI

(Minimum 6 Guests)

CLASSIC PACKAGE

Chef's Selection of Sandwiches. Includes Whole Fruit, Premium Bagged Chips, Greens Salad and Fresh Baked Cookies. Served with Classic Condiments \$13.25pp

BAGGED SANDWICH LUNCH

Chef's Selection of Sandwiches. Includes Whole Fruit, Premium Bagged Chips, Pasta Salad, Fresh Baked Cookies, and Bottled Water Served with Classic Condiments. \$15.25pp Bagged Salad Lunch also available upon request

PIZZA

PIZZA SOCIAL (*Minimum 6 Guests*) 2 Slices of Cheese Pizza Per Person, Traditional Caesar Salad, Assorted Freshly Baked Cookies and Brownies Served with Infused Water, House Made Lemonade, and Freshly Brewed Iced Tea \$16.25pp Your choice of 2 varieties of pizzas *Pepperoni, Sausage, Veggie, and Plain*

PIZZA BY THE PIE

\$12.25 *Plain* \$14.25 *Pepperoni, Sausage, or Veggie*

ENTRÉE SALADS

(Minimum 6 Guests) Your choice of **Grass Fed Beef Flank Steak, Free-Range Herb Grilled Chicken**, Seasoned Shrimp, or Grilled Portobello. All Salads Come with Whole Fruit, Freshly Baked Cookies, and Bottled Water

COBB SALAD

Romaine Lettuce, Crisp Applewood Smoked Bacon, Bleu Cheese, Avocado, Heirloom Grape Tomato, Chopped Egg, and Avocado Ranch \$11.25pp

SOUTHWESTERN SALAD

Romaine Lettuce, Charred Corn, Black Beans, Cheddar Cheese, Pico de Gallo, Tortilla Strips, and Chipotle Vinaigrette \$11.25pp

POWER GRAIN BOWL

Quinoa, Barley, Arugula, Edamame, Citrus, Cherry Tomato, Sunflower Kernels, Dried Fruits, Feta Cheese, and Balsamic Vinaigrette \$11.25pp



SNACKS & BEVERAGES

A LA CARTE

(Minimum 6 Guests)

CLASSIC SNACK PACK O An Assortment of Packaged Chips and Pretzels \$3.25pp

SEICED FRUIT PLATTER Seasonal Sliced Fruits and Berries \$6.25pp FRESHLY BAKED COOKIES & BROWNIES Ø \$3.25pp

INDIVIDUAL BAGGED TRAIL MIX Ø \$2.75pp

BEVERAGES A LA CARTE

(Minimum 6 Guests)

BOTTLED WATER

\$2.00pp

HOUSE BREWED COFFEE & ASSORTED TEAS \$2.75pp

ASSORTED SODAS & SELTZERSINFUSED WATER \$2.00pp

SUSTAINABLE BEVERAGE Iced Tea, Infused Water, Lemonade, Ice Water \$2.50pp



GENERAL INFORMATION

Ordering

- Orders must be placed by 3pm the day prior to the event, unless otherwise noted on the menu, or may be subject to chef's choice menu and first available delivery time.
- Orders over 50 people require a dedicated attendant. All hot orders require a dedicated attendant.
- For receptions and/or bar services, please inquire with the on-site manager listed on the document cover. Fees may apply. At least 72 hours notice is required or may be subject to chef's choice menu.

Cancelations

Special Events, Receptions, Hot & Ambient Buffets, All Events Over 50 people

- 72 hours prior Cancel without charge for food, beverages, and staffing. Rentals and special ordered items are subject to non-recoverable fees
- 48 hours prior Charged all non-recoverable food or product
- 24 hours prior Charged for all food, rentals, staffing and any other non-recoverable costs

Cold Breakfast, Cold Lunch, Beverage & Snacks (under 50 people)

 Must be canceled by 3pm the business day prior to the meeting or the client will be charged all non recoverable food or product.

Billing

- All cost centers must be US Based.
- The cost center(s) that will be charged must be provided at the time the order is placed. Cost centers
 can not be adjusted once the event is billed.
- We do accept Visa, Mastercard and Amex. Please reach out to your on-site catering manager directly with credit card information.

External Catering

 Locations that have a preferred vendor on site must use the preferred vendor for events paid for by JPMC or a JPMC Cost Center. Refer to <u>Outside Catering Guidelines</u> for more information.

