

MONDAY



Cajun Pulled Chicken Or Cajun Halloumi 10" Wrap Iceberg, Tomato & Red Onion Vegan coleslaw Baked Wedges

TUESDAY



Char Sieu Pulled Pork Belly Or Crisp Chilli Tofu Marinated Mushroom Pickled Vegetable Slaw Carrot, Coriander, Cucumber, Sliced Chillies, Spring Onions Sriracha, Pickled Red Cabbage, 2 x Steamed Hirata Bun

WEDNESDAY



Breaded Tikka Nugget Or Tikka Tofu Aloo Gobi, Coconut Raita Mixed Baby Leaf Mango Chutney Naan Wrap

THURSDAY



Piri Piri Chicken Thigh Or Piri Piri Halloumi 12" Tortilla Lemon & Herb Rice Piri Colelsaw, Pirinaisse

FRIDAY



Philipino Pork Shoulder Or Sweetcorn & Spring Onion Fritter Asian Slaw, 4 x Spring Rolls Cucumber, Spring Onion, Chillies Sweet Chilli Sauce/Sriracha Freshly Baked Baguette

Carrot & Coriander Soup Minestrone Soup Highland Vegetable Soup Red Pepper & Tomato Soup Leek & Potato Soup Cream of Tomato Soup Cream of Chicken Soup Highland Vegetable Soup Leek & Potato Soup Red Pepper & Tomato Soup



Our hot counter is a haven for pastry lovers, offering a mouthwatering selection of freshly baked sausage rolls and other savory delights. Every item is served warm and ready to enjoy. Perfect for a quick snack or a satisfying meal on the go.



At our full customization salad bar, you're the chef! Select from a wide variety of fresh greens, vibrant veggies, proteins, and toppings to craft your perfect salad. Whether you prefer crunchy, zesty, or savory, we've got you covered. Once you've made your selections, our expert staff will chop everything together right before your eyes, ensuring every bite is bursting with flavor. Healthy, personalized, and delicious—your ideal salad awaits!



Enjoy a perfectly baked, golden Jacket Potato with a crisp skin and fluffy interior. Choose your favorite combination of toppings from our extensive selection to create the ultimate loaded potato just the way you like it.

PEEL & LOAF SIGNATURE SANDWICHES

AVOCADO & MIXED BEAN £4.40

Avocado, Mixed Beans, Tomato Salsa, Mixed Peppers & Mixed Leaves - 572 kcal

HALLOUMI & PESTO £4.40

Halloumi, Roasted Mediterranean Vegetables, Pesto & Rocket - 538 kcal

PRAWN COCKTAIL £5.10

North Atlantic Prawns, Marie Rose, Cucumber Ribbons, Paprika & Mixed Leaves - 460 kcal

TURKEY & STUFFING £4.40

Turkey Breast, Sage & onion stuffing, Cranberry & Rocket - 554 kcal

CORONATION CHICKEN £4.40

Shredded British Chicken Breast, Korma Mayonnaise, Apricot, Sultanas, Mixed Peppers & Baby Spinach - 610 kcal

BACON & EGG £5.10

Streaky Bacon, Sliced Boiled egg, Mayonnaise, Tomatoes Mixed Leaves - 820 kcal